

Article

# Orchard Planting Density and Tree Development Stage Affects Physiological Processes of Apple (*Malus domestica* Borkh.) Tree

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Abstract: One of the most important factors affecting photosynthesis and metabolism is light absorbance by leaves and penetration through the canopy. The aim of this study was to evaluate the influence of planting density and tree development stages on photosynthetic activity, photosynthetic pigments, and carbohydrates in apple (Malus domestica Borkh.) trees in a combined way. The apple tree, Auksis, was grafted on dwarfing rootstock P 22. Space between rows was 3 m, trees were planted in 2001 in four distances: 0.25 m, 0.50 m, 0.75 m, and 1.00 m. Measurements and leaf samples were taken in the end of May (leaves fully expanded BBCH 20-25), in the middle of July (beginning of apple maturity BBCH 73–75) and at the end of August (harvest time BBCH 87–88) according BBCH—growth stages. Photosynthetic rate was significantly the lowest in the spring and tended to rise until fruit ripening, when it increased up to 19.4% compared to spring. Significantly the highest chlorophyll b and carotene  $\alpha$  and  $\beta$  contents were found at the BBCH 73–75. The lowest levels of fructose and sorbitol in leaves were found at BBCH 73-75. The amount of starch accumulated in the leaves increased three times in summer compared to spring. Reduced distance between trees to four times (from 1 m to 0.25 m) showed clear competitive stress, as the decrease of photosynthetic rate (up to 36.4–38.6%) and total starch (up to 37–53%) was observed. The photosynthetic behaviour of apple trees was significantly affected by the development stage during the particular season which is related with physiological changes of metabolites transport and their distribution during fruit ripening and leaf senescence.

Keywords: Malus domestica Borkh.; photosynthesis; carbohydrates; pigments

# 1. Introduction

One of the most important factors affecting photosynthesis and metabolism is light absorbance by leaves and penetration through the canopy. The composition of light changes during the day and as well as during the season [1]. Studies have shown seasonal changes in photosynthetic processes and pigments that are associated with leaf spring development and autumn aging [2,3]. Metabolic changes associated with nutrient resorption underpin the temporal variation of respiratory and photosynthetic rates once senescence starts. In mid-latitude regions with marked climate seasonality, changes in photosynthetic processes and metabolism are due to concurrent changes in leaf age and environmental conditions [4,5].

Leaf age affects light absorption and utilization, and protection systems against excess light. Younger leaves are less prone to photoinhibition than older ones [6]. Leaf chlorophyll content varies in response to environmental factors and natural aging stage. Each photosynthetic pigment has its own



location in the cell, functions, and the range of absorbed light wavebands [7,8]. Chlorophylls are the main absorbers of light, while carotenes not only absorb light that is not taken up by chlorophylls, but also has a photoprotective function [7,9–11]. Alpha carotene is the main carotene; however, in low light  $\alpha$ -carotene can be replaced by  $\beta$ -carotene, but only then if both carries out the same functions [9,12].  $\beta$ -carotene exert a beneficial photoprotective action by quenching excited chlorophyll molecules [13–15]. However, the main function of fruit  $\beta$ -carotene is an antioxidant [16,17]. During the growth, in more sunlit leaves, the aging process begins earlier. The chlorophylls start to degrade, but the carotenes remain stable and some of them are transported to fruits [3,17].

Carbohydrates are produced in the leaves of plants during photosynthetic processes, and the end compounds provide energy enhancing plant growth and productivity. Abiotic stressors alter the formation of soluble sugars (e.g., fructose, glucose, sucrose, and sorbitol), helping the identification of plant stress [2,18]. Sucrose is the main end product of photosynthesis, which is synthesized in green leaves and transported by sucrose transporters to the fruits and the rest of the plants as reserved material [19]. However, in Rosaceae family species, sorbitol together with sucrose is a primary end product of photosynthesis, and it is a major phloem-translocated carbohydrate, accounting 60-80% of the photosynthates produced in apple (Malus domestica Borkh.) leaves [20–22]. Sorbitol is not only a source of energy for plant growth, but it also can be as a signalling molecule involved in regulation of plant growth, development, and environmental stress response. One of the reduced sorbitol biosynthesis effects is to defective stamen development and inhibition of pollen tube growth in apple [23–25]. The synthesis of starch is highly dependent on sugar content in leaves. Higher amounts of sugars stimulate the expression of the major starch synthesis enzyme ADP-glucose pyrophosphoryl (AGPase) resulting more intensive starch synthesis [20]. Moreover, the total amount of starch in the leaves is significantly influenced by day duration, over a longer photoperiod plants accumulate more starch [26]. Changes in the content of soluble carbohydrates and starch are mechanistically linked to transitions in plant freezing tolerance. During spring, starch is re-synthesized and mobilized for renewed growth, providing energy and building blocks before buds swelling [27]. Relationships between leaves indices and carbohydrates accumulation appear at the beginning of fruit maturity when fruits become major sink organs and carbohydrates are typically transported from leaves to fruits [28]. In a complex process regulated by the rate of photosynthesis, phloem loading, long-distance transfer and unloading, post-phloem transport, and metabolism, sugars synthesized in shell tissue are distributed to other apple tissues such as fruits and seeds [29].

The rate of photosynthesis also depends on the photoperiod. According to researches, young leaves become more photosynthetic during the long day, and the rate of photosynthesis decreases during leave senescence [30,31]. Another factor that affects the rate of photosynthesis and other photosynthesis indices is light. In many cases, the decreased light reduces the rate of photosynthesis [26,31–33]. On the other hand, other authors show, that too much sunlight begins to inhibit photosynthetic processes, saving water, so shading nets or dense planting schemes helps to optimize the intensity of photosynthesis [31–33]. However, due to the competition between the trees, the trunk diameter decreases with decreasing distances between trees density. At the same time as the diameter of the trunk decreases, its ability to supply water and nutrients to the crown also decreases [34–36]. There are few reasons of such tree behaviour. The lack of water closes the stomata, thus reducing water loss through the leaves, resulting in decreased transpiration along with the decrease in the rate of photosynthesis [37–39].

Apple growth, physiological activity and yields are influenced not only by environmental factors, but also by rootstock. In the experiments performed in Lithuania main apple rootstocks were divided into groups according to induced growth vigour: super dwarf (P 22, P 59), dwarf (P 60, B.396, M.9), semi-dwarf (P.14, M.26), and semi-vigorous (B.118, MM.106) [40–42]. Super-dwarfing P 22 rootstock resulted in the smallest yield and fruits [41].

The aim of this study was to evaluate the influence of apple development stage and planting density on photosynthetic activity, photosynthetic pigments and carbohydrates in apple trees.

# 2. Materials and Methods

# 2.1. Plant Material and Growing Conditions

A trial was carried out in the experimental orchard in Lithuania,  $(55^{\circ}60' \text{ N}, 23^{\circ}48' \text{ E})$  in 2018–2019 in a fully matured orchard. The apple (*Malus domestica* Borkh.) tree Auksis was grafted on super-dwarfing rootstock P 22. Trees were planted in 2001, space between rows was 3 m, trees were planted in the row at four distances: 0.25 m, 0.50 m, 0.75 m, and 1.00 m. Differences in apple height and crown diameter depending on planting density are given in the Table 1. Three single trees in each planting distance were fully randomized. Pest and disease management was carried out according to the integrated plant protection practice, the orchard was not irrigated. Soil conditions of the experimental orchard were as follows: clay loam, pH 7.3, humus 2.8%, P<sub>2</sub>O<sub>5</sub> 255 mg kg<sup>-1</sup>, K<sub>2</sub>O 230 mg kg<sup>-1</sup>. Measurements and leaf samples were collected at the end of May (leaves fully expanded, BBCH 20–25), in the middle of July (beginning of apple maturity, BBCH 73–75) and at the end of August (harvest time, BBCH 87–88).

**Table 1.** Apple tree height and crown (super spindle) radius depending on planting density. The mean value (n = 15) ± standard deviation is presented.

Distances between trees	$3 \times 0.25$ m	$3 \times 0.50$ m	$3 \times 0.75$ m	$3 \times 1.00 \text{ m}$
Tree high	$2.5 \pm 0.05 \text{ m}$	$2.5 \pm 0.05$ m	$2.5\pm0.05~\mathrm{m}$	$2.5\pm0.05~\mathrm{m}$
Canopy high	$2.3 \pm 0.08 \text{ m}$	$2.3 \pm 0.08 \text{ m}$	$2.3 \pm 0.08$ m	$2.3 \pm 0.08$ m
Crown radius	$0.50\pm0.03~\mathrm{m}$	$0.81 \pm 0.04 \text{ m}$	$0.94 \pm 0.04 \text{ m}$	$1.13 \pm 0.06 \text{ m}$

#### 2.2. Measurements

Photosynthetic rate ( $P_n$  (µmol CO<sub>2</sub> m<sup>-2</sup> s<sup>-1</sup>)), stomatal conductance ( $g_s$  (mol H<sub>2</sub>O m<sup>-2</sup> s<sup>-1</sup>)), and transpiration rate (E (mmol H<sub>2</sub>O m<sup>-2</sup> s<sup>-1</sup>)) was measured at 9:00–12:00 AM using a LI-6400XT portable open flow gas exchange system (Li-COR Biosciences, Lincoln, NE, USA). The timing of the measurements was chosen taking into account the dynamics and stability of photosynthesis during each season. Reference air (CO<sub>2</sub>) (400 µmol mol<sup>-1</sup>), light intensity (1000 µmol m<sup>-2</sup> s<sup>-1</sup>), block temperature (21 °C), and the flow rate of gas pump (500 mmol s<sup>-1</sup>) were set. Measurements of photosynthesis were performed on 3 trees selecting 3 leaves from 1.00–1.20 m above ground (Figure 1).



**Figure 1.** Dynamics of photosynthesis rate during the day in different development stages of apple trees "Auksis" with rootstock P22. The mean value (n = 9) ± standard deviation is presented.

#### 2.3. Biochemical Analyses

2.3.1. Determination of Chlorophylls (a and b) and Carotenes ( $\alpha$  and  $\beta$ ) by High-Performance Liquid Chromatography (HPLC)

Chlorophylls and carotenes were evaluated using HPLC method with diode array detection (DAD) on Shimadzu 10A (Shimadzu, Kyoto, Japan). About 0.5 g of fresh plant tissue was ground and diluted with 80% glacial acetone. The extraction was carried out for 24 h at +4 °C temperature. Extract centrifugate at 10,000 rpm for 15 min. Then solution was filtered over a 0.22  $\mu$ m PTPE syringe filter (VWR International, Radnor, PA, USA). The sample separation was performed on Chromegabond C30 3 $\mu$  120 Å, 15 cm × 2.1 mm column (ES Industries, West Berlin, NJ, USA). A 10  $\mu$ m of sample was injected; the column oven temperature was set at +20 °C. The pigments were eluted for 30 min with gradient solvent systems A (Methanol:water, 1:4) and B (Ethyl acetate) at a flow rate of 0.2 mL min<sup>-1</sup>. Initial conditions were 20% B for 2.5 min, followed by linear gradient to 30% B at 5 min, hold 30% B for 5 min, then elevated till 80% B in 2.5 min, till 87% B in 7.5 min and till 100% in 5 min, and again 20% B until the end of run. Calibration method was used for chlorophylls and carotenes quantification (mg g<sup>-1</sup> in FW).

#### 2.3.2. Determination of Soluble Sugars Byultra-Performance Liquid Chromatography (UPLC)

Soluble sugar (fructose, glucose, and sorbitol) contents were evaluated using HPLC method with evaporative scattering detection (ELSD) on Shimadzu Nexera UPLC (SHIMADZU, Kyoto, Japan) system [43]. About 0.5 g of fresh plant tissue was ground and diluted with deionized water. The extraction was carried out for 4 h at room temperature, centrifuged at 14,000× g for 15 min. A cleanup step, based on Brons and Olieman [44] was performed prior to the chromatographic analysis: 1 mL of the supernatant was mixed with 1 mL 0.01% (*w:v*) ammonium acetate in acetonitrile and incubated for 30 min at +4 °C. After incubation, samples were centrifuged at 14,000× g for 15 min and filtered through 0.22 µm PTPE syringe filter (VWR International, Radnor, PA, USA). Separation was performed on a Supelcosil 250 × 4 mm NH<sub>2</sub> column (Supelco, Bellefonte, PA, USA) using 77% acetonitrile as the mobile phase at 1 mL min<sup>-1</sup> flow rate. Calibration method was used for sugar quantification (mg g<sup>-1</sup> in FW).

# 2.3.3. Determination of Total Starch by Spectrophotometric Method

The total starch content was determined using the total starch Megazyme assay kit, a total starch assay kit based on the use of thermostable a-amylase and amyloglucosidase (Megazyme International Ireland Limited, Wicklow, Ireland), method of determination of starch in samples which also contains D-glucose and/or maltodextrins.

#### 2.4. Statistical Analysis

MS Excel Version 2010 and XLStat 2017 Data Analysis and Statistical Solution for Microsoft Excel (Addinsoft, Paris, France) statistical software were used for data processing. The data are presented as mean  $\pm$  standard deviation (n = 3 replications). After performing a two-way ANOVA and not establishing a substantial interaction between the factors (distance and stage of development), the data were further processed by a one-way ANOVA. Analysis of variance (ANOVA) was carried out along with Turkey multiple comparisons test for statistical analyses,  $p \le 0.05$ . Differences were considered to be significant at p < 0.05. Multivariate principal component analysis (PCA) was performed. The results are presented in PCA scatter plot that indicate distinct levels of photosynthetic indices, soluble sugars, chlorophylls a and b,  $\alpha$  and  $\beta$  carotenes.

The agglomerative hierarchical cluster (AHC) analysis was used to generate similarity cluster diagrams based on season, density, metabolites similarity, and variables similarity.

The meteorological data were collected from "iMetos" meteorological station at Institute of Horticulture, LAMMC, Lithuania. Meteorological station stands in the experimental orchard. The temperature was close to perennial regardless of the year (Table 2).

Table 2. Average monthly temperature (°C) in 2018 and 2019 compared to multiannual (100-year average).

	January	February	March	April	May	June	July	August	September	October	November	December
Multiannual	-5.1	-4.6	-0.7	5.4	11.9	15.4	16.7	16.2	11.9	7.2	2.0	-2.4
2018	-1.4	-6.5	-1.7	10.6	16.7	17.7	20.3	19.2	14.5	8.0	3.6	-1.0
2019	-4.6	1.8	5.2	9.1	12.5	17.8	17.4	21.0	11.7	8.2	3.4	1.6

In 2018, a dry, natural drought was announced in Lithuania (Lithuania, lat. 55° N, 2018). Since apple trees are perennial plants, they had enough water and no signs of drought were found. While 2019 had 14% more rainfall than perennial average, with particularly heavy rainfall, which fell out in a few days, on harvest time in August (Table 3), but such conditions had no negative impact on fruit tree development.

Table 3. Total monthly precipitation (mm) in 2018 and 2019 compared to multiannual (average of 100 years).

	January	February	March	April	May	June	July	August	September	October	November	December
Multiannual	52.0	30.0	37.0	42.0	52.0	68.0	79.0	76.0	68.0	60.0	65.0	56.0
2018	55.0	8.6	14.8	66.8	18.2	22.8	117.8	86.2	17.8	39.4	13.8	32.4
2019	40.0	50.8	45.8	4.6	43.4	37.0	121.2	207.2	89.6	85.4	24.4	30.4

# 3. Results

Reducing planting distances up to four times (from 1 m to 0.25 m) resulted in the tendency to decreased values of photosynthetic indices. Depending on the season the rate of photosynthesis decreased up to 36.4–38.6%, stomatal conductance up to 58–60%, and transpiration rate up to 37–55% (Table S1). Stomatal conductance and transpiration rates were the highest in spring and were significantly lower in mid-summer. As fruits matured, stomatal conductance and transpiration rates increased significantly up to 27% and 23%, respectively, compared to the summer at BBCH 73–75 (Figure 2A,C). The photosynthetic rate was significantly the lowest in the spring and tended to rise until fruit ripening up to 19.4% (Figure 2B).



**Figure 2.** Effect of seasonality regardless distances between trees on the stomatal conductance  $g_s$  (**A**), photosynthetic rate  $P_n$  (**B**), and transpiration rate E (**C**). The different letters in graphics indicate significant differences. The data were processed using one-way analysis of variance (Anova), the Turkey (HSD) test at the confidence level p = 0.05.

By evaluating the effect of planting distances, it was established that along increase of planting distances the photosynthetic parameters—photosynthesis rate, stomatal conductance,

and transpiration—increased significantly throughout the season (Figure 3). Increasing the distance between trees by four times  $g_s$  increased 2.5 times (Figure 3A),  $P_n$ –58% (Figure 2B), E–79% (Figure 3C).



**Figure 3.** Effect of distances between trees on the stomatal conductance  $g_s$  (**A**), photosynthetic rate  $P_n$  (**B**), and transpiration rate E (**C**). The different letters in graphics indicate significant differences. The data presented as an average of three measurements during the season. The data were processed using analysis of variance (Anova), the Turkey (HSD) test at the confidence level p = 0.05.

The amount of photosynthetic pigments fluctuated throughout the year. In spring, content of chlorophyll a and b differed, but no general trends were observed, while carotenes content was significantly higher at 0.25–0.5 m distances compared to 0.5–1.0 m (Table S2). The same trends persisted at the BBCH 73–75 and BBCH 87–88. The seasonality, regardless on the distance, resulted in a significant decrease of the accumulation of chlorophylls and carotenes in spring (Figure 4A–C). Significantly the highest accumulation of chlorophylls and carotenes was at BBCH 73–75 (Figure 4B,C).



**Figure 4.** Effect of seasonality on the accumulation of chlorophyll a (**A**), chlorophyll b (**B**) carotenes  $\alpha$  and  $\beta$  (**C**). The different letters in graphics indicate significant differences. The data presented as an average of four planting distances. The data were processed using analysis of variance (Anova), the Turkey (HSD) test at the confidence level *p* = 0.05.

Regardless seasonality, no significant differences on photosynthetic pigments were found between the distances (Figure 5A–C).



**Figure 5.** Effect of planting distances regardless distances between trees on chlorophyll a (**A**), chlorophyll b (**B**) carotenes  $\alpha$  and  $\beta$  (**C**). The different letters in graphics indicate significant differences. The data were processed using analysis of variance (Anova), the Turkey (HSD) test at the confidence level p = 0.05.

The amount of soluble sugars in the leaves varied between treatments and seasons. Higher sugar content in the leaves accumulates in the spring for the rapid growth of shoots, which stops during the summer. The soluble sugars in apple (*Malus domestica* Borkh.) leaves were in order: sorbitol (27.06–42.81 mg g<sup>-1</sup> FW), glucose (14.48–23.25 mg g<sup>-1</sup> FW), and fructose (3.79–5.89 mg g<sup>-1</sup> FW) (Table S3). The lowest levels of fructose (Figure 6A) and sorbitol (Figure 6C) in leaves were found during the summer at BBCH 73–75. Meanwhile, glucose lowest level was found from spring till summer, and increased at the harvest time. The amount of starch accumulated in the leaves increased threefold at BBCH 73–75 and BBCH 87–88 compared to spring (Figure 6D).



**Figure 6.** Effect of seasonality distances between trees on accumulation of fructose (**A**), glucose (**B**), sorbitol (**C**) and total starch (**D**). The data presented as an average of four planting distances. The different letters in graphics indicate significant differences. The data were processed using analysis of variance (Anova), the Turkey (HSD) test at the confidence level p = 0.05.

No significant differences were found in the amount of fructose and sorbitol depending on distances between apple trees. The highest contents of glucose were found in apple tree leaves planted at 0.75 m (Figure 7A–C). The decreased distance up to 4 times (from 1 m to 0.25 m) resulted the decrease of total starch up to 37–53% (Figure 7D).



**Figure 7.** Effect of distances between trees regardless seasonality on fructose–Fru (**A**), glucose–Glu (**B**) sorbitol–Sor (**C**), and total starch (**D**). The different letters in graphics indicate significant differences. The data were processed using analysis of variance (Anova), the Turkey (HSD) test at the confidence level p = 0.05.

PCA results show the average coordinates of individual photosynthetic indices (stomatal conductance, photosynthetic rate, transpiration rate), pigments (Chlorophyll a and b, carotene  $\alpha$  and  $\beta$ ), soluble sugars (fructose, sorbitol, glucose), and total starch in response to different distances between trees at different development stages during the season. The first two factors (F1 vs. F2) of the PCA, as shown in the scatterplot (Figure 8), explained 79.08% of the total data variance. F1 explained 50.71% of the total variance, whereas F2 explained 28.37%) of the total variability. The PCA scatterplot show significant differences between at different development stages during the season (Figure 8). The photosynthetic response obtained in May significantly differs from July and August.



**Figure 8.** The PCA scatterplot, indicating distinct differences in photosynthetic rate, stomatal conductance, transpiration rate, soluble sugars, total starch and photosynthetic pigments depending on the planting distances.

The agglomerative hierarchical cluster (AHC) analysis was used to divide the distances between apple trees and seasonality into groups of increasing dissimilarity. Three clusters were identified in samples (Figure 9). This division correspond to different development stages during the season, which belong to 3 different clusters. With regard to stomatal conductance, photosynthetic rate, transpiration rate, photosynthetic pigments, soluble sugars, and total starch also three clusters were identified. Group, which included May and July, was characterized by low photosynthetic rate and low glucose concentration in C1, and low sorbitol concentrations in C3).



**Figure 9.** Agglomerative hierarchical cluster (AHC) analysis in stomatal conductance, photosynthetic rate transpiration rate, photosynthetic pigments, soluble sugars and total starch grouped by similarities in concentration mean and intensity values.

# 4. Discussion

During the growing season, the rate of photosynthesis mostly depends on the photoperiod; however, research showed that young leaves are more photosynthetically active during the long day, and the rate of photosynthesis decreases as the leaves age [26,30]. Significant decrease of stomatal conductance followed by transpiration rate in July and August was observed (Figure 2). According to Green [45], fruit harvesting has no significant effect on the photosynthetic rate and it is the same from fruit maturity beginning till harvest and after harvest. However, in contrast to previous statements,

photosynthetic rate continued to increase till fruit harvesting (Figure 2). Photosynthetic indices were influenced not only by seasonality but also by the distance between the trees. These changes may be affected by the light penetration in the canopy (Table 1) and competition for nutrients and water. The photosynthetic rate (Figure 3B), stomatal conductance (Figure 3A) and transpiration rate (Figure 3C) increased with increasing distance between trees. A similar effect was obtained by pruning trees [46,47]. Strongly sunny plants can be damaged by sunlight, too intense sun can inhibit photosynthetic processes [26,33,48]. The distance of 1 m between fruit trees resulted the most intensive photosynthesis activity. Nevertheless, the  $P_n$  decreased uniformly with decreased distance between trees (Figure 3), but plant shedding to each other remained supporting the efficiency of photosynthesis as no significant differences in photosynthetic pigments (Figure 4) and in fructose and sorbitol (Figure 5A,B) contents were observed.

Photosynthetic activity depends on light energy receptor chlorophylls. In spring, young leaves distinguished in the lowest chlorophyll content compared to all growing season. As the vegetation remained active during fruit ripening, the aging processes of the leaves did not occur strongly and the chlorophyll had not yet begun to decay (Figure 4). Charbonnier et al. [49] states that in case of too much light chlorophyll content decreases, it can be increased by shading the plants, his research was supported by other authors [50,51]. However, in our study, apple planting distances did not show significant differences in the composition of photosynthetic pigments (Figure 5A,B).

According to Furze et al. [52] studies trees can accumulate reserves not only in the form of starch but also in the form of sugars, in apples mostly sorbitol and sucrose. Studies of fructiferous trees have shown that when the fruit begins to accumulate starch, decrease in the leaves is observed, and after fruit ripening, the starch increases rapidly in the leaves [53]. In July, when the fruit maturity began, in contrast to Fru, Glu, and Sor significant increase of starch in leaves was observed. During harvesting the contents of soluble sugars increased (Figure 6). Sorbitol transported from the leaves to the fruit is converted to fructose by sorbitol dehydrogenase [54,55], After harvesting, sorbitol is no longer transported to the fruit, leading to a significant increase in its content in the leaves (Figure 6). According to Li et al. [56] almost all of the sorbitol and half of the sucrose is converted to fructose in fruits. In agreement with Oren et al. [57] plants with stronger sunlight accumulate more—another reserve material—starch. Greater distances between trees resulted the significant increase of starch, besides significantly more starch was accumulated in July and August (Figure 7C).

Dwarfing rootstocks not only significantly reduce tree size, facilitating an increase in planting density, but also have a significant effect on photosynthesis rates, chlorophyll content, and other photosynthetic parameters [58]. Apple trees on dwarf and super-dwarf rootstocks form smaller leaves but are higher in soluble sugars and chlorophylls content [41,59]. Due to the smaller canopy and smaller leaves, compared to the vigorous rootstocks, for apple trees on super-dwarf rootstock P 22, the decreasing distance had no significant effect on the photosynthetic pigments and sugars in the leaves (Figures 5 and 6).

According to the PCA scatterplot (Figure 6) and AHC (Figure 7) analysis, tested indices significantly affected by development stages, but not by the distances between apples.

# 5. Conclusions

The photosynthetic indices of apples are most affected by development stages during the season which is related with physiological changes of metabolites transport and distribution during fruit ripening and leaf senescence. The photosynthetic rate from spring to harvest tended to increase, the amount of starch accumulated in the leaves increased threefold during fruit maturity period compared to spring, the sugar content in leaves increased significantly during harvest time, when it was no longer transported to the fruit. The decreased distance between the apple trees increased the competition for light, water, and nutrients, followed by reduction of the photosynthetic rate, transpiration, and starch accumulation. The strongest competitive stress in apple tree cv. Auksis grafted on P22 rootstock occurs in the spring and harvest time.

**Supplementary Materials:** The following are available online at http://www.mdpi.com/2073-4395/10/12/1912/s1, Table S1: Effect of distances between trees and seasonality on the photosynthetic indices, Table S2: Effect of distances between trees and seasonality on the photosynthetic pigments, Table S3: Effect of distances between trees and seasonality on the carbohydrates.

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